

RACES

**START
TIME
8 AM**

Check all that apply.

Race Name	Price*
<input type="checkbox"/> Early Register Adult 5K	\$30
<input type="checkbox"/> Early Register Adult 1M	\$30
<input type="checkbox"/> Race Day Adult 5K	\$35
<input type="checkbox"/> Race Day Adult 1M	\$35
<input type="checkbox"/> Early Register Child (ages 15 & under)	\$20
<input type="checkbox"/> Race Day Child (ages 15 & under)	\$25

**Entry fees are non-refundable.*

T-SHIRTS

**REGISTER BY
NOV 9**

Circle all that apply.

Adult: XS S M L XL XXL XXXL

Child: S M L XL

T-shirts will be distributed based on registration dates—register early to get the size you want! Shirts not guaranteed for Race Day registrations.

Ways to REGISTER

- Fill out and print off online registration form on FLAC's website (www.4flac.com) and turn into the front desk at FLAC with payment.
- Fill out registration form attached to brochure and turn into the front desk at FLAC with payment.
- Register online at www.runsignup.com. Search **Turkey Trot Elkhorn**.

For questions, call (262) 743-2000 and ask for Stephanie, Front Desk Manager at FLAC, or email stephanie@flaconline.com.

Event SPONSORS



Aday Custom Cabinetry, LLC



351 East Morrissy Dr., Elkhorn, WI 53121

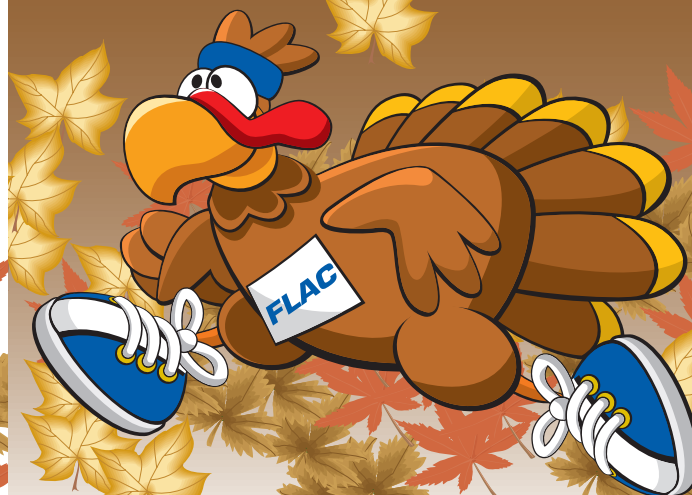
www.4flac.com | (262) 743-2000

FLAC Tennis Four Lakes Athletic Club

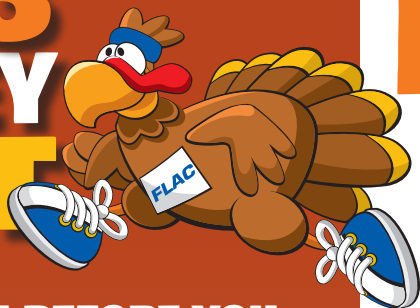
GET READY!

2023 TURKEY TROT

Thanksgiving Day



2023 TURKEY TROT



**RUN THE RACE BEFORE YOU
STUFF YOUR FACE!**

*Join us at our Family Fun Turkey Trot on
November 23, 2023—Thanksgiving morning!*

WHEN? **START
TIME
8 AM**

Early Registration: deadline 11/9/23

Race Day Registration: 7-7:45 am

Race Start: 11/23/23 at 8 am

*For each registered runner,
please bring in 2 non-perishable
items for the Food Pantry.*



What's INCLUDED

5K RUN/WALK

This race is great for the whole family! It offers a wide range of challenges for any type of runner. From beginners to advanced runners this race will push you to achieve your goal.

1 MILE FUN RUN DRUMSTICK DASH

If you are interested in participating but are unsure if a 5K would be too much for you, then join us in the Fun Run Drumstick Dash! This one mile run is a fun way to get out and challenge yourself.

OFFICIAL TURKEY TROT SHIRT

Because shirts are ordered months in advance, we do our best to get you the size you have requested, but we cannot guarantee a specific size. T-shirts will be distributed based on registration dates.

REGISTRATION

Participant

Name: _____

Date of Birth: _____

Address: _____

Phone: _____

Email: _____

Emergency Contact

Name: _____

Relationship: _____

Phone: _____

